



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Langer, Mathias

Club: Hamburg Running

Number: 139

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:10

Speed: 10.13 km/h

Running performance: 5:34 min/km

Rank in course/Total: 100 (of 346)

Rank in course/Men: 92 (of 239)

Best time in course: 51:11

Rank in category: 8(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:55	4:18	8	1:00	107	2:29	3.00	12:55	4:18	8	1:00	107	2:29
Lap 2	1.00	4:58	4:58	3	0:10	77	0:57	4.00	17:53	4:28	8	1:10	102	3:26
Lap 3	1.00	5:13	5:13	4	0:16	86	1:07	5.00	23:06	4:37	8	1:23	100	4:33
Lap 4	1.00	6:08	6:08	8	0:30	107	1:29	6.00	29:14	4:52	7	1:53	99	6:02
Last lap Hermann	2.60	15:03	5:47	8	1:16	101	3:34	8.60	44:17	5:08	7	2:59	97	9:36
vor der Schiene	2.63	18:18	6:57	7	1:51	87	4:36	11.23	1:02:35	5:34	8	4:46	94	13:36
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:35	5:44	3	0:04	57	0:27	11.70	1:05:10	5:34	9	1:05:10	93	1:05:10