



5. Erfurt Marathon
Erfurt / 18.08.2018

Detailed evaluation

Sternenstaub

Number: 408

Course: 42.00 km

Erfurt Marathon 4er Staffel

Category:

Frauenstaffel

Total time: 3:56:37

Speed: 10.65 km/h

Running performance: 5:38 min/km

Rank in course: 14 (of 24)

Best time in course: 3:03:06

Rank in category: 3(of 5)

Best time in the category: 3:53:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.07	55:11	5:28	2	2:22	9	12:29	10.07	55:11	5:28	2	2:22	9	12:29
Wechselstelle 2	11.49	1:03:20	5:30	1	-	8	12:27	21.56	1:58:31	5:29	1	-	8	24:56
Wechselstelle 3	9.44	55:17	5:51	4	11:45	13	14:06	31.00	2:53:48	5:36	2	0:09	9	39:02
Erfurt	11.00	1:02:49	5:42	5	4:21	18	16:10	42.00	3:56:37	5:38	3	3:10	14	53:31