



5. Erfurt Marathon

Erfurt / 18.08.2018

Detailed evaluation

Thüringens Olympia-Reserve II

Number: 410

Course: 42.00 km

Erfurt Marathon 4er Staffel

Category:

Mixstaffel

Total time: 4:00:43

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course: 17 (of 24)

Best time in course: 3:03:06

Rank in category: 8(of 11)

Best time in the category: 3:18:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.07	44:57	4:27	2	0:18	3	2:15	10.07	44:57	4:27	2	0:18	3	2:15
Wechselstelle 2	11.49	1:07:53	5:54	5	12:00	12	17:00	21.56	1:52:50	5:14	3	11:47	5	19:15
Wechselstelle 3	9.44	1:12:00	7:37	11	29:00	23	30:49	31.00	3:04:50	5:57	8	40:47	17	50:04
Erfurt	11.00	55:53	5:04	6	6:46	10	9:14	42.00	4:00:43	5:43	8	42:37	17	57:37