



5. Erfurt Marathon

Erfurt / 18.08.2018

Detailed evaluation

Rennsteinläufer

Number: 416

Course: 42.00 km

Erfurt Marathon 4er Staffel

Category:

Mixstaffel

Total time: 3:18:06

Speed: 12.72 km/h

Running performance: 4:43 min/km

Rank in course: 2 (of 24)

Best time in course: 3:03:06

Rank in category: 1(of 11)

Best time in the category: 3:18:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.07	44:39	4:26	1	-	2	1:57	10.07	44:39	4:26	1	-	2	1:57
Wechselstelle 2	11.49	56:24	4:54	2	0:31	3	5:31	21.56	1:41:03	4:41	1	-	2	7:28
Wechselstelle 3	9.44	43:00	4:33	1	-	2	1:49	31.00	2:24:03	4:38	1	-	2	9:17
Erfurt	11.00	54:03	4:54	4	4:56	7	7:24	42.00	3:18:06	4:43	1	-	2	15:00