



5. Erfurt Marathon
Erfurt / 18.08.2018

Detailed evaluation

Vier Viertel

Number: 411

Course: 42.00 km

Erfurt Marathon 4er Staffel

Category:

Mixstaffel

Total time: 3:27:50

Speed: 12.13 km/h

Running performance: 4:57 min/km

Rank in course: 3 (of 24)

Best time in course: 3:03:06

Rank in category: 2(of 11)

Best time in the category: 3:18:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	10.07	46:25	4:36	3	1:46	4	3:43	10.07	46:25	4:36	3	1:46	4	3:43
Wechselstelle 2	11.49	56:29	4:54	3	0:36	4	5:36	21.56	1:42:54	4:46	2	1:51	3	9:19
Wechselstelle 3	9.44	55:49	5:54	6	12:49	15	14:38	31.00	2:38:43	5:07	2	14:40	3	23:57
Erfurt	11.00	49:07	4:27	1	-	3	2:28	42.00	3:27:50	4:56	2	9:44	3	24:44