



# 5. Erfurt Marathon

Erfurt / 18.08.2018

## Detailed evaluation

Run for fun

Number: 417

Course: 42.00 km

Erfurt Marathon 4er Staffel

Category:

Mixstaffel

Total time: 3:47:05

Speed: 11.10 km/h

Running performance: 5:25 min/km

Rank in course: 6 (of 24)

Best time in course: 3:03:06

Rank in category: 4(of 11)

Best time in the category: 3:18:06

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.07	1:01:42	6:07	8	17:03	18	19:00	10.07	1:01:42	6:07	8	17:03	18	19:00
Wechselstelle 2	11.49	1:08:08	5:55	7	12:15	15	17:15	21.56	2:09:50	6:01	8	28:47	16	36:15
Wechselstelle 3	9.44	44:50	4:44	3	1:50	5	3:39	31.00	2:54:40	5:38	5	30:37	10	39:54
Erfurt	11.00	52:25	4:45	3	3:18	6	5:46	42.00	3:47:05	5:24	4	28:59	6	43:59