



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Krause, Lena

Club: Erfurt
Number: 133

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 1:01:37

Speed: 9.74 km/h
Running performance: 6:10 min/km

Rank in course/Total: 71 (of 72)

Rank in course/Women: 20 (of 21)

Best time in course: 46:12

Rank in category: 15(of 15)

Best time in the category: 46:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:08	6:03	15	3:17	21	3:17	2.00	12:08	6:03	15	3:17	21	3:17
Runde	2.00	12:20	6:10	15	3:04	20	3:04	4.00	24:28	6:06	15	6:15	20	6:15
Runde	2.00	12:28	6:14	15	3:07	20	3:07	6.00	36:56	6:09	15	9:16	20	9:16
Runde	2.00	12:26	6:13	13	3:12	18	3:12	8.00	49:22	6:10	15	12:28	20	12:28
Finish	2.00	12:15	6:07	13	2:57	18	2:57	10.00	1:01:37	6:09	15	15:25	20	15:25