



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Pausch, Nancy

Club: Kenias letzte Reserve

Number: 153

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:05:33

Speed: 9.15 km/h

Running performance: 6:34 min/km

Rank in course/Total: 72 (of 72)

Rank in course/Women: 21 (of 21)

Best time in course: 46:12

Rank in category: 1(of 1)

Best time in the category: 1:05:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:07	6:03	1	-	20	3:16	2.00	12:07	6:03	1	-	20	3:16
Runde	2.00	12:26	6:13	1	-	21	3:10	4.00	24:33	6:08	1	-	21	6:20
Runde	2.00	13:34	6:46	1	-	21	4:13	6.00	38:07	6:21	1	-	21	10:27
Runde	2.00	13:38	6:48	1	-	21	4:24	8.00	51:45	6:28	1	-	21	14:51
Finish	2.00	13:48	6:54	1	-	21	4:30	10.00	1:05:33	6:33	1	-	21	19:21