



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Abraham, Daniel

Club: OLV Ohrdruf

Number: 168

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 38:02

Speed: 15.78 km/h

Running performance: 3:48 min/km

Rank in course/Total: 5 (of 72)

Rank in course/Men: 5 (of 51)

Best time in course: 33:48

Rank in category: 1(of 2)

Best time in the category: 38:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:22	3:40	1	-	8	5:06	2.00	7:22	3:40	1	-	8	5:06
Runde	2.00	7:35	3:47	1	-	6	0:46	4.00	14:57	3:44	1	-	8	2:35
Runde	2.00	7:37	3:48	1	-	5	0:50	6.00	22:34	3:45	1	-	6	2:17
Runde	2.00	7:39	3:49	1	-	6	0:54	8.00	30:13	3:46	1	-	5	3:11
Finish	2.00	7:49	3:54	1	-	10	1:03	10.00	38:02	3:48	1	-	5	4:14