



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Mäder, Markus

Club: TV Dresden

Number: 181

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 38:07

Speed: 15.74 km/h

Running performance: 3:49 min/km

Rank in course/Total: 6 (of 72)

Rank in course/Men: 6 (of 51)

Best time in course: 33:48

Rank in category: 2(of 10)

Best time in the category: 36:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:42	3:51	5	5:26	14	5:26	2.00	7:42	3:51	5	5:26	14	5:26
Runde	2.00	7:43	3:51	3	0:21	8	0:54	4.00	15:25	3:51	4	3:03	12	3:03
Runde	2.00	7:46	3:53	2	0:19	7	0:59	6.00	23:11	3:51	4	1:14	11	2:54
Runde	2.00	7:36	3:47	2	0:08	5	0:51	8.00	30:47	3:50	2	1:22	7	3:45
Finish	2.00	7:20	3:39	1	-	4	0:34	10.00	38:07	3:48	2	1:16	6	4:19