



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Schramm, Tobias

Club: run for fun

Number: 122

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 42:05

Speed: 14.26 km/h

Running performance: 4:13 min/km

Rank in course/Total: 19 (of 72)

Rank in course/Men: 19 (of 51)

Best time in course: 33:48

Rank in category: 1(of 2)

Best time in the category: 42:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:01	4:00	1	-	20	5:45	2.00	8:01	4:00	1	-	20	5:45
Runde	2.00	8:16	4:08	1	-	15	1:27	4.00	16:17	4:04	1	-	19	3:55
Runde	2.00	8:31	4:15	1	-	15	1:44	6.00	24:48	4:08	1	-	18	4:31
Runde	2.00	8:41	4:20	1	-	18	1:56	8.00	33:29	4:11	1	-	19	6:27
Finish	2.00	8:36	4:17	1	-	25	1:50	10.00	42:05	4:12	1	-	19	8:17