4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Gierth, Jakob

Club: Uni Erfurt
Number: 106

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 42:43

Speed: 14.05 km/h
Running performance: 4:16 min/km

Rank in course/Total: 20 (of 72)
Rank in course/Men: 20 (of 51)
Best time in course: 33:48

Rank in category: 10(of 30)
Best time in the category: 33:48

Intermediate times

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	Stage score							Total ranking						
Runde	2.00	8:01	4:00	10	1:20	20	5:45	2.00	8:01	4:00	10	1:20	20	5:45
Runde	2.00	8:20	4:10	9	1:31	18	1:31	4.00	16:21	4:05	10	2:51	21	3:59
Runde	2.00	8:36	4:17	9	1:49	17	1:49	6.00	24:57	4:09	10	4:40	21	4:40
Runde	2.00	8:51	4:25	12	2:06	23	2:06	8.00	33:48	4:13	10	6:46	21	6:46
Finish	2.00	8:55	4:27	20	2:09	32	2:09	10.00	42:43	4:16	10	8:55	20	8:55