



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Steinmetz, Matthias

Club: Erfurt
Number: 114

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 42:55

Speed: 13.98 km/h
Running performance: 4:17 min/km

Rank in course/Total: 22 (of 72)

Rank in course/Men: 22 (of 51)

Best time in course: 33:48

Rank in category: 11(of 30)

Best time in the category: 33:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:59	3:59	8	1:18	18	5:43	2.00	7:59	3:59	8	1:18	18	5:43
Runde	2.00	8:28	4:14	10	1:39	19	1:39	4.00	16:27	4:06	11	2:57	22	4:05
Runde	2.00	8:46	4:23	11	1:59	21	1:59	6.00	25:13	4:12	11	4:56	22	4:56
Runde	2.00	8:55	4:27	13	2:10	25	2:10	8.00	34:08	4:15	11	7:06	22	7:06
Finish	2.00	8:47	4:23	17	2:01	29	2:01	10.00	42:55	4:17	11	9:07	22	9:07