



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Cayenz, Jonas

Club: Erfurt
Number: 107

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 45:21

Speed: 13.23 km/h
Running performance: 4:32 min/km

Rank in course/Total: 27 (of 72)

Rank in course/Men: 27 (of 51)

Best time in course: 33:48

Rank in category: 14(of 30)

Best time in the category: 33:48

Intermediate times

Stage score

Total ranking

Control	Split		Split min/km	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Runde	2.00	9:39	4:49	16	2:58	30	7:23	2.00	9:39	4:49	16	2:58	30	7:23	
Runde	2.00	9:22	4:41	15	2:33	28	2:33	4.00	19:01	4:45	16	5:31	30	6:39	
Runde	2.00	8:56	4:28	15	2:09	27	2:09	6.00	27:57	4:39	16	7:40	30	7:40	
Runde	2.00	8:56	4:28	14	2:11	26	2:11	8.00	36:53	4:36	16	9:51	30	9:51	
Finish	2.00	8:28	4:14	10	1:42	18	1:42	10.00	45:21	4:32	14	11:33	27	11:33	