



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Lämmel, Robbie

Club: Jena

Number: 108

Course: 10.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 45:48

Speed: 13.10 km/h

Running performance: 4:35 min/km

Rank in course/Total: 32 (of 72)

Rank in course/Men: 32 (of 51)

Best time in course: 33:48

Rank in category: 19(of 30)

Best time in the category: 33:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	km	Time					
Runde	2.00	9:39	4:49	16	2:58	30	7:23	2.00	9:39	4:49	16	2:58	30	7:23
Runde	2.00	9:23	4:41	16	2:34	29	2:34	4.00	19:02	4:45	17	5:32	31	6:40
Runde	2.00	8:56	4:28	15	2:09	27	2:09	6.00	27:58	4:39	19	7:41	33	7:41
Runde	2.00	8:57	4:28	17	2:12	29	2:12	8.00	36:55	4:36	19	9:53	33	9:53
Finish	2.00	8:53	4:26	19	2:07	31	2:07	10.00	45:48	4:34	19	12:00	32	12:00