



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Kind, Christiane

Club: Fitness-Mama

Number: 178

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 48:21

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 38 (of 72)

Rank in course/Women: 3 (of 21)

Best time in course: 46:12

Rank in category: 1(of 3)

Best time in the category: 48:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:11	4:35	1	-	3	0:20	2.00	9:11	4:35	1	-	3	0:20
Runde	2.00	9:35	4:47	1	-	3	0:19	4.00	18:46	4:41	1	-	2	0:33
Runde	2.00	9:50	4:55	1	-	3	0:29	6.00	28:36	4:46	1	-	3	0:56
Runde	2.00	9:55	4:57	1	-	4	0:41	8.00	38:31	4:48	1	-	3	1:37
Finish	2.00	9:50	4:55	1	-	5	0:32	10.00	48:21	4:50	1	-	3	2:09