



## 4. Erfurter Campuslauf

Erfurt / 16.05.2018

### Detailed evaluation

**Seidler, Lisa**

Club: Friedrich-Schiller-Universität

Number: 125

Course: 10.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 50:24

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 43 (of 72)

Rank in course/Women: 5 (of 21)

Best time in course: 46:12

Rank in category: 4(of 15)

Best time in the category: 46:12

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:29	5:14	9	1:38	12	1:38	2.00	10:29	5:14	9	1:38	12	1:38
Runde	2.00	10:15	5:07	4	0:59	5	0:59	4.00	20:44	5:11	6	2:31	8	2:31
Runde	2.00	9:59	4:59	3	0:38	4	0:38	6.00	30:43	5:07	4	3:03	5	3:03
Runde	2.00	9:57	4:58	4	0:43	5	0:43	8.00	40:40	5:04	3	3:46	4	3:46
Finish	2.00	9:44	4:51	4	0:26	4	0:26	10.00	50:24	5:02	4	4:12	5	4:12