



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Frank, Antonia

Club: Uni Erfurt

Number: 160

Course: 10.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 54:45

Speed: 10.96 km/h

Running performance: 5:29 min/km

Rank in course/Total: 54 (of 72)

Rank in course/Women: 12 (of 21)

Best time in course: 46:12

Rank in category: 9(of 15)

Best time in the category: 46:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:22	5:11	8	1:31	11	1:31	2.00	10:22	5:11	8	1:31	11	1:31
Runde	2.00	10:26	5:13	6	1:10	7	1:10	4.00	20:48	5:12	7	2:35	9	2:35
Runde	2.00	10:36	5:17	6	1:15	8	1:15	6.00	31:24	5:14	7	3:44	9	3:44
Runde	2.00	11:30	5:45	9	2:16	12	2:16	8.00	42:54	5:21	7	6:00	10	6:00
Finish	2.00	11:51	5:55	11	2:33	16	2:33	10.00	54:45	5:28	9	8:33	12	8:33