



4. Erfurter Campuslauf

Erfurt / 16.05.2018

Detailed evaluation

Pach, Enrico

Club: Kenias letzte Reserve

Number: 152

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 55:52

Speed: 10.74 km/h

Running performance: 5:35 min/km

Rank in course/Total: 58 (of 72)

Rank in course/Men: 46 (of 51)

Best time in course: 33:48

Rank in category: 2(of 2)

Best time in the category: 42:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:22	5:41	2	3:21	49	9:06	2.00	11:22	5:41	2	3:21	49	9:06
Runde	2.00	11:24	5:42	2	3:08	46	4:35	4.00	22:46	5:41	2	6:29	49	10:24
Runde	2.00	11:19	5:39	2	2:48	46	4:32	6.00	34:05	5:40	2	9:17	49	13:48
Runde	2.00	11:09	5:34	2	2:28	45	4:24	8.00	45:14	5:39	2	11:45	45	18:12
Finish	2.00	10:38	5:18	2	2:02	44	3:52	10.00	55:52	5:35	2	13:47	46	22:04