



Detailed evaluation

Molwitz, Gregor

Club: Berlin
Number: 1123

Course: 5.41 km
Erkner Stadtlauf 5 km

Category:
AK4 / TW 35

Total time: 27:13

Speed: 11.02 km/h
Running performance: 5:02 min/km

Rank in course/Total: 13 (of 43)

Rank in course/Men: 8 (of 14)

Best time in course: 23:42

Rank in category: 2(of 2)

Best time in the category: 24:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.41	2:17	5:34	2	0:36	11	0:36	0.41	2:17	5:34	2	0:36	11	0:36
Last lap Finish	5.00	24:56	4:59	2	2:25	7	2:56	5.41	27:13	5:01	2	3:01	8	3:31