



Erkner Triathlon 2.0

Erkner / 08.09.2018

Detailed evaluation

Kermer, Janine

Club: Erkner

Number: 1114

Course: 5.41 km

Erkner Stadtlauf 5 km

Category:

SEN1 / TW 40

Total time: 29:25

Speed: 10.20 km/h

Running performance: 5:26 min/km

Rank in course/Total: 19 (of 43)

Rank in course/Women: 10 (of 29)

Best time in course: 24:47

Rank in category: 3(of 8)

Best time in the category: 25:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.41	2:08	5:12	3	0:19	11	0:30	0.41	2:08	5:12	3	0:19	11	0:30
Last lap Finish	5.00	27:17	5:27	3	3:44	10	4:08	5.41	29:25	5:26	3	4:03	10	4:38