



Detailed evaluation

Pilz, Henryk

Club: Erkner

Number: 1143

Course: 5.41 km

Erkner Stadtlauf 5 km

Category:

SEN3 / TW 50

Total time: 30:34

Speed: 9.81 km/h

Running performance: 5:39 min/km

Rank in course/Total: 22 (of 43)

Rank in course/Men: 11 (of 14)

Best time in course: 23:42

Rank in category: 1(of 1)

Best time in the category: 30:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.41	2:15	5:29	1	-	9	0:34	0.41	2:15	5:29	1	-	9	0:34
Last lap Finish	5.00	28:19	5:39	1	-	11	6:19	5.41	30:34	5:39	1	-	11	6:52