



Detailed evaluation

Hintze, Katja

Club: Woltersdorf

Number: 1151

Course: 5.41 km

Erkner Stadtlauf 5 km

Category:

AK4 / TW 35

Total time: 34:35

Speed: 8.67 km/h

Running performance: 6:23 min/km

Rank in course/Total: 34 (of 43)

Rank in course/Women: 20 (of 29)

Best time in course: 24:47

Rank in category: 3(of 6)

Best time in the category: 29:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.41	2:24	5:51	3	0:18	15	0:46	0.41	2:24	5:51	3	0:18	15	0:46
Last lap Finish	5.00	32:11	6:26	3	5:16	20	9:02	5.41	34:35	6:23	3	5:34	20	9:48