



Erkner Triathlon 2.0

Erkner / 08.09.2018

Detailed evaluation

Fritsche, Cathleen

Club: Fürstenwalde

Number: 1104

Course: 5.41 km

Erkner Stadtlauf 5 km

Category:

AK4 / TW 35

Total time: 40:28

Speed: 8.02 km/h

Running performance: 7:29 min/km

Rank in course/Total: 43 (of 43)

Rank in course/Women: 29 (of 29)

Best time in course: 24:47

Rank in category: 6(of 6)

Best time in the category: 29:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.41	2:46	6:44	6	0:40	29	1:08	0.41	2:46	6:44	6	0:40	29	1:08
Last lap Finish	5.00	37:42	7:32	6	10:47	29	14:33	5.41	40:28	7:28	6	11:27	29	15:41