



Erkner Triathlon 2.0

Erkner / 08.09.2018

Detailed evaluation

Krihl, Marco

Club: Adidas Runners Berlin

Number: 1232

Course: 10.00 km

Erkner Stadtlauf 10 km

Category:

AK4 / TW 35

Total time: 38:52

Speed: 15.44 km/h

Running performance: 3:53 min/km

Rank in course/Total: 2 (of 29)

Rank in course/Men: 2 (of 17)

Best time in course: 35:06

Rank in category: 1(of 3)

Best time in the category: 38:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	0.30	1:10	3:53	1	-	2	0:06	0.30	1:10	3:53	1	-	2	0:06
Last lap Finish	9.70	37:42	3:53	1	-	2	3:40	10.00	38:52	3:53	1	-	2	3:46