



Erkner Triathlon 2.0

Erkner / 08.09.2018

Detailed evaluation

Draeger, René

Club: Schulzendorf

Number: 1202

Course: 10.00 km

Erkner Stadtlauf 10 km

Category:

AK4 / TW 35

Total time: 45:54

Speed: 13.07 km/h

Running performance: 4:35 min/km

Rank in course/Total: 3 (of 29)

Rank in course/Men: 3 (of 17)

Best time in course: 35:06

Rank in category: 2(of 3)

Best time in the category: 38:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	0.30	1:15	4:10	2	0:05	4	0:11	0.30	1:15	4:10	2	0:05	4	0:11
Last lap Finish	9.70	44:39	4:36	2	6:57	4	10:37	10.00	45:54	4:35	2	7:02	3	10:48