



Detailed evaluation

Nick, Hannes

Club: Erkner

Number: 1215

Course: 10.00 km

Erkner Stadtlauf 10 km

Category:

SEN4 / TW 55

Total time: 48:02

Speed: 12.49 km/h

Running performance: 4:48 min/km

Rank in course/Total: 9 (of 29)

Rank in course/Men: 8 (of 17)

Best time in course: 35:06

Rank in category: 2(of 3)

Best time in the category: 47:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.30	1:26	4:46	2	0:01	8	0:22	0.30	1:26	4:46	2	0:01	8	0:22
Last lap Finish	9.70	46:36	4:48	2	0:25	8	12:34	10.00	48:02	4:48	2	0:26	8	12:56