



Detailed evaluation

Kermer, Nico

Club: Erkner

Number: 1209

Course: 10.00 km

Erkner Stadtlauf 10 km

Category:

SEN1 / TW 40

Total time: 50:54

Speed: 11.79 km/h

Running performance: 5:05 min/km

Rank in course/Total: 15 (of 29)

Rank in course/Men: 12 (of 17)

Best time in course: 35:06

Rank in category: 1(of 2)

Best time in the category: 50:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	0.30	1:35	5:16	1	-	12	0:31	0.30	1:35	5:16	1	-	12	0:31
Last lap Finish	9.70	49:19	5:05	1	-	11	15:17	10.00	50:54	5:05	1	-	12	15:48