



Erkner Triathlon 2.0

Erkner / 08.09.2018

Detailed evaluation

Glaser, Betty

Club: Erkner

Number: 1203

Course: 10.00 km

Erkner Stadtlauf 10 km

Category:

AK4 / TW 35

Total time: 1:01:13

Speed: 9.80 km/h

Running performance: 6:07 min/km

Rank in course/Total: 24 (of 29)

Rank in course/Women: 10 (of 12)

Best time in course: 47:13

Rank in category: 2(of 2)

Best time in the category: 53:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.30	1:39	5:30	2	0:03	7	0:07	0.30	1:39	5:30	2	0:03	7	0:07
Last lap Finish	9.70	59:34	6:08	2	7:43	10	13:58	10.00	1:01:13	6:07	2	7:46	10	14:00