



Detailed evaluation

Wietrzynski, Christian

Club: Erkner

Number: 1223

Course: 10.00 km

Erkner Stadtlauf 10 km

Category:

SEN1 / TW 40

Total time: 1:04:13

Speed: 9.34 km/h

Running performance: 6:25 min/km

Rank in course/Total: 25 (of 29)

Rank in course/Men: 15 (of 17)

Best time in course: 35:06

Rank in category: 2(of 2)

Best time in the category: 50:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	0.30	1:38	5:26	2	0:03	13	0:34	0.30	1:38	5:26	2	0:03	13	0:34
Last lap Finish	9.70	1:02:35	6:27	2	13:16	15	28:33	10.00	1:04:13	6:25	2	13:19	15	29:07