



Detailed evaluation

Kremkow, Sebastian

Total time: 2:53:06

Club: Unterföhring

Number: 237

Course: 51.89 km

Olympisch

Rank in course/Total: 99 (of 236)

Rank in course/Men: 90 (of 198)

Best time in course: 2:14:41

Category:

AK2 / TM 25

Rank in category: 7(of 17)

Best time in the category: 2:22:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	35:13	23:28	6	7:46	57	10:31	1.50	35:13	23:28	6	7:46	57	10:31
Wechsel S -> R	0.26	2:10	8:19	4	0:28	25	0:50	1.76	37:23	21:14	6	7:19	46	10:28
Schwimmen Total	1.76	37:23	21:14	6	7:19	46	10:28	1.76	37:23	21:14	6	7:19	46	10:28
Rad netto	40.00	1:14:33	1:51	7	5:14	78	12:09	41.76	1:51:56	2:40	7	11:50	58	21:33
Wechsel R -> L	0.13	1:44	13:20	10	0:50	92	0:58	41.89	1:53:40	2:42	7	12:28	60	21:58
Rad Total	40.13	1:16:17	1:54	7	5:32	79	13:02	41.89	1:53:40	2:42	7	12:28	60	21:58
Lauf	10.00	59:26	5:56	13	17:52	143	21:15	51.89	2:53:06	3:20	7	30:20	90	38:25