



Detailed evaluation

Trunte, Steffen

Total time: 2:56:00

Club: TVB 09

Number: 409

Course: 51.89 km

Rank in course/Total: 115 (of 236)

Olympisch

Rank in course/Men: 104 (of 198)

Best time in course: 2:14:41

Category:

Rank in category: 13(of 28)

SEN2 / TM 45

Best time in the category: 2:23:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	39:45	26:30	21	12:31	124	15:03	1.50	39:45	26:30	21	12:31	124	15:03
Wechsel S -> R	0.26	3:00	11:32	10	1:20	81	1:40	1.76	42:45	24:17	20	13:09	117	15:50
Schwimmen Total	1.76	42:45	24:17	20	13:09	117	15:50	1.76	42:45	24:17	20	13:09	117	15:50
Rad netto	40.00	1:13:06	1:49	12	4:43	66	10:42	41.76	1:55:51	2:46	16	17:44	88	25:28
Wechsel R -> L	0.13	1:22	10:30	6	0:32	48	0:36	41.89	1:57:13	2:47	13	18:16	85	25:31
Rad Total	40.13	1:14:28	1:51	9	5:15	60	11:13	41.89	1:57:13	2:47	13	18:16	85	25:31
Lauf	10.00	58:47	5:52	20	15:59	140	20:36	51.89	2:56:00	3:23	13	32:19	104	41:19