



Detailed evaluation

Justynowicz, Alexander

Total time: 2:56:03

Club: Berlin  
Number: 219

Course: 51.89 km  
Olympisch

Rank in course/Total: 116 (of 236)

Rank in course/Men: 105 (of 198)

Best time in course: 2:14:41

Category:  
SEN1 / TM 40

Rank in category: 16(of 28)

Best time in the category: 2:29:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	36:26	24:17	10	7:30	73	11:44	1.50	36:26	24:17	10	7:30	73	11:44
Wechsel S -> R	0.26	3:13	12:22	12	1:11	100	1:53	1.76	39:39	22:31	9	8:41	72	12:44
Schwimmen Total	1.76	39:39	22:31	9	8:41	72	12:44	1.76	39:39	22:31	9	8:41	72	12:44
Rad netto	40.00	1:19:21	1:59	20	12:26	128	16:57	41.76	1:59:00	2:50	15	17:31	107	28:37
Wechsel R -> L	0.13	2:17	17:33	20	1:11	146	1:31	41.89	2:01:17	2:53	16	18:41	111	29:35
Rad Total	40.13	1:21:38	2:02	20	13:36	132	18:23	41.89	2:01:17	2:53	16	18:41	111	29:35
Lauf	10.00	54:46	5:28	13	12:07	110	16:35	51.89	2:56:03	3:23	16	26:42	105	41:22