



## Detailed evaluation

Lampe, Christian

Total time: 3:04:24

Club: Berlin

Number: 247

Course: 51.89 km

Rank in course/Total: 158 (of 236)

Olympisch

Rank in course/Men: 142 (of 198)

Best time in course: 2:14:41

Category:

Rank in category: 22(of 28)

SEN2 / TM 45

Best time in the category: 2:23:41

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	35:56	23:57	11	8:42	67	11:14	1.50	35:56	23:57	11	8:42	67	11:14
Wechsel S -> R	0.26	3:59	15:19	23	2:19	144	2:39	1.76	39:55	22:40	12	10:19	76	13:00
Schwimmen Total	1.76	39:55	22:40	12	10:19	76	13:00	1.76	39:55	22:40	12	10:19	76	13:00
Rad netto	40.00	1:24:37	2:06	23	16:14	167	22:13	41.76	2:04:32	2:58	21	26:25	142	34:09
Wechsel R -> L	0.13	1:55	14:44	11	1:05	115	1:09	41.89	2:06:27	3:01	21	27:30	140	34:45
Rad Total	40.13	1:26:32	2:09	23	17:19	164	23:17	41.89	2:06:27	3:01	21	27:30	140	34:45
Lauf	10.00	57:57	5:47	17	15:09	134	19:46	51.89	3:04:24	3:33	22	40:43	142	49:43