



## Detailed evaluation

**Braatz, Frank**

**Total time: 3:41:58**

Club: IHW Alex Berlin

Number: 375

Course: 51.89 km

Rank in course/Total: 220 (of 236)

Olympisch

Rank in course/Men: 185 (of 198)

Best time in course: 2:14:41

Category:

Rank in category: 4(of 4)

SEN4 / TM 55

Best time in the category: 2:55:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	44:08	29:25	4	9:18	167	19:26	1.50	44:08	29:25	4	9:18	167	19:26
Wechsel S -> R	0.26	4:43	18:08	4	1:47	168	3:23	1.76	48:51	27:45	4	10:40	168	21:56
Schwimmen Total	1.76	48:51	27:45	4	10:40	168	21:56	1.76	48:51	27:45	4	10:40	168	21:56
Rad netto	40.00	1:36:31	2:24	4	25:08	186	34:07	41.76	2:25:22	3:28	4	35:48	180	54:59
Wechsel R -> L	0.13	2:52	22:03	4	0:55	171	2:06	41.89	2:28:14	3:32	4	36:41	179	56:32
Rad Total	40.13	1:39:23	2:28	4	26:01	184	36:08	41.89	2:28:14	3:32	4	36:41	179	56:32
Lauf	10.00	1:13:44	7:22	4	13:31	192	35:33	51.89	3:41:58	4:16	4	46:51	187	1:27:17