



Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Rensch, Danny Rensch

Total time: 5:20:25

Club: TV Fürstenwalde

Number: 87

Course: 116.79 km

Rank in course/Total: 14 (of 87)

Mittel Distanz

Rank in course/Men: 14 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 3(of 14)

SEN1 / TM 40

Best time in the category: 4:58:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	32:05	16:53	2	30:32	8	30:32	1.90	32:05	16:53	2	30:32	8	30:32
Wechsel S -> R	0.26	3:43	14:17	11	1:26	52	2:06	2.16	35:48	16:34	2	1:10	9	5:18
Schwimmen Total	2.16	35:48	16:34	2	1:10	9	5:18	2.16	35:48	16:34	2	1:10	9	5:18
Rad netto	93.00	2:51:38	1:50	5	27:46	23	40:04	95.16	3:27:26	2:10	4	19:14	14	34:03
Wechsel R -> L	0.13	1:45	13:27	5	0:26	26	0:44	95.29	3:29:11	2:11	4	17:29	13	20:47
Rad Total	93.13	2:53:23	1:51	5	26:01	22	26:01	95.29	3:29:11	2:11	4	17:29	13	20:47
Lauf	21.50	1:51:14	5:10	6	17:38	30	24:29	116.79	5:20:25	2:44	3	22:12	14	45:16