



## Detailed evaluation

Sander, Dirk

Club: Wolfsburg

Number: 62

Course: 116.79 km

Mittel Distanz

Category:

SEN2 / TM 45

Total time: 5:33:13

Rank in course/Total: 31 (of 87)

Rank in course/Men: 30 (of 76)

Best time in course: 4:35:09

Rank in category: 3(of 9)

Best time in the category: 5:07:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	28:22	14:55	1	-	3	26:49	1.90	28:22	14:55	1	-	3	26:49
Wechsel S -> R	0.26	2:15	8:39	1	-	7	0:38	2.16	30:37	14:10	1	-	3	0:07
Schwimmen Total	2.16	30:37	14:10	1	-	3	0:07	2.16	30:37	14:10	1	-	3	0:07
Rad netto	93.00	3:09:53	2:02	8	20:31	57	58:19	95.16	3:40:30	2:19	5	13:47	43	47:07
Wechsel R -> L	0.13	1:08	8:43	1	-	3	0:07	95.29	3:41:38	2:19	5	13:26	40	33:14
Rad Total	93.13	3:11:01	2:03	7	20:10	53	43:39	95.29	3:41:38	2:19	5	13:26	40	33:14
Lauf	21.50	1:51:35	5:11	5	12:24	31	24:50	116.79	5:33:13	2:51	3	25:50	30	58:04