



Detailed evaluation

Doenecke, Carsten

Total time: 5:41:26

Club: SV Halle Triathlon

Number: 29

Course: 116.79 km

Rank in course/Total: 42 (of 87)

Mittel Distanz

Rank in course/Men: 41 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 1(of 3)

SEN4 / TM 55

Best time in the category: 5:41:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	36:49	19:22	2	0:06	25	35:16	1.90	36:49	19:22	2	0:06	25	35:16
Wechsel S -> R	0.26	3:46	14:29	2	1:35	56	2:09	2.16	40:35	18:47	2	1:41	27	10:05
Schwimmen Total	2.16	40:35	18:47	2	1:41	27	10:05	2.16	40:35	18:47	2	1:41	27	10:05
Rad netto	93.00	2:57:49	1:54	1	-	39	46:15	95.16	3:38:24	2:17	1	-	38	45:01
Wechsel R -> L	0.13	2:31	19:21	2	0:34	57	1:30	95.29	3:40:55	2:19	1	-	38	32:31
Rad Total	93.13	3:00:20	1:56	1	-	38	32:58	95.29	3:40:55	2:19	1	-	38	32:31
Lauf	21.50	2:00:31	5:36	2	11:16	48	33:46	116.79	5:41:26	2:55	1	-	41	1:06:17