



Detailed evaluation

Roßow, Christian

Total time: 5:46:40

Club: Berlin

Number: 60

Course: 116.79 km

Rank in course/Total: 46 (of 87)

Mittel Distanz

Rank in course/Men: 45 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 7(of 9)

AK2 / TM 25

Best time in the category: 4:35:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	45:41	24:02	9	17:22	70	44:08	1.90	45:41	24:02	9	17:22	70	44:08
Wechsel S -> R	0.26	3:14	12:26	6	1:28	39	1:37	2.16	48:55	22:38	9	18:24	69	18:25
Schwimmen Total	2.16	48:55	22:38	9	18:24	69	18:25	2.16	48:55	22:38	9	18:24	69	18:25
Rad netto	93.00	3:06:30	2:00	7	30:47	52	54:56	95.16	3:55:25	2:28	7	48:32	58	1:02:02
Wechsel R -> L	0.13	1:28	11:16	2	0:15	14	0:27	95.29	3:56:53	2:29	7	48:29	55	48:29
Rad Total	93.13	3:07:58	2:01	7	30:44	49	40:36	95.29	3:56:53	2:29	7	48:29	55	48:29
Lauf	21.50	1:49:47	5:06	5	23:02	27	23:02	116.79	5:46:40	2:58	7	1:11:31	45	1:11:31