



## Detailed evaluation

**Claußen, Lena**

**Total time: 5:50:37**

Club: Norderstedt

Number: 11

Course: 116.79 km

Rank in course/Total: 50 (of 87)

Mittel Distanz

Rank in course/Women: 3 (of 11)

Best time in course: 5:24:24

Category:

Rank in category: 2(of 4)

AK2 / TW 25

Best time in the category: 5:24:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.90	34:43	18:16	1	-	1	-	1.90	34:43	18:16	1	-	1	-
Wechsel S -> R	0.26	1:53	7:14	1	-	1	-	2.16	36:36	16:56	1	-	1	-
Schwimmen Total	2.16	36:36	16:56	1	-	1	-	2.16	36:36	16:56	1	-	1	-
Rad netto	93.00	3:01:40	1:57	1	-	1	-	95.16	3:38:16	2:17	1	-	1	-
Wechsel R -> L	0.13	1:31	11:39	2	0:09	2	0:09	95.29	3:39:47	2:18	1	-	1	-
Rad Total	93.13	3:03:11	1:58	1	-	1	-	95.29	3:39:47	2:18	1	-	1	-
Lauf	21.50	2:10:50	6:05	2	33:03	4	33:03	116.79	5:50:37	3:00	2	26:13	3	26:13