



Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Freitag, Tom

Total time: 5:57:37

Club: Grafing

Number: 22

Course: 116.79 km

Rank in course/Total: 55 (of 87)

Mittel Distanz

Rank in course/Men: 52 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 12(of 17)

AK3 / TM 30

Best time in the category: 5:03:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	37:28	19:43	6	1:20	29	35:55	1.90	37:28	19:43	6	1:20	29	35:55
Wechsel S -> R	0.26	2:52	11:01	6	0:36	28	1:15	2.16	40:20	18:40	5	1:48	25	9:50
Schwimmen Total	2.16	40:20	18:40	5	1:48	25	9:50	2.16	40:20	18:40	5	1:48	25	9:50
Rad netto	93.00	3:03:37	1:58	13	52:03	48	52:03	95.16	3:43:57	2:21	12	50:34	47	50:34
Wechsel R -> L	0.13	2:04	15:53	11	1:03	37	1:03	95.29	3:46:01	2:22	11	18:24	45	37:37
Rad Total	93.13	3:05:41	1:59	12	19:19	46	38:19	95.29	3:46:01	2:22	11	18:24	45	37:37
Lauf	21.50	2:11:36	6:07	13	35:19	59	44:51	116.79	5:57:37	3:03	12	53:43	52	1:22:28