



Detailed evaluation

Lenz, Jonas

Total time: 6:00:13

Club: Talentlos

Number: 97

Course: 116.79 km

Rank in course/Total: 57 (of 87)

Mittel Distanz

Rank in course/Men: 54 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 8(of 9)

AK2 / TM 25

Best time in the category: 4:35:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	38:38	20:20	4	10:19	36	37:05	1.90	38:38	20:20	4	10:19	36	37:05
Wechsel S -> R	0.26	3:17	12:37	7	1:31	42	1:40	2.16	41:55	19:24	4	11:24	35	11:25
Schwimmen Total	2.16	41:55	19:24	4	11:24	35	11:25	2.16	41:55	19:24	4	11:24	35	11:25
Rad netto	93.00	3:14:06	2:05	8	38:23	63	1:02:32	95.16	3:56:01	2:28	8	49:08	61	1:02:38
Wechsel R -> L	0.13	2:13	17:03	6	1:00	44	1:12	95.29	3:58:14	2:30	8	49:50	58	49:50
Rad Total	93.13	3:16:19	2:06	8	39:05	61	48:57	95.29	3:58:14	2:30	8	49:50	58	49:50
Lauf	21.50	2:01:59	5:40	9	35:14	53	35:14	116.79	6:00:13	3:05	8	1:25:04	54	1:25:04