



## Detailed evaluation

Ochainski, David

Total time: 6:16:36

Club: Berlin

Number: 50

Course: 116.79 km

Rank in course/Total: 71 (of 87)

Mittel Distanz

Rank in course/Men: 65 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 12(of 14)

AK4 / TM 35

Best time in the category: 4:47:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	34:31	18:10	3	5:58	13	32:58	1.90	34:31	18:10	3	5:58	13	32:58
Wechsel S -> R	0.26	2:15	8:39	2	0:38	7	0:38	2.16	36:46	17:01	3	5:34	12	6:16
Schwimmen Total	2.16	36:46	17:01	3	5:34	12	6:16	2.16	36:46	17:01	3	5:34	12	6:16
Rad netto	93.00	2:47:11	1:47	3	5:22	11	35:37	95.16	3:23:57	2:08	3	10:51	9	30:34
Wechsel R -> L	0.13	2:00	15:23	4	0:48	33	0:59	95.29	3:25:57	2:09	3	11:36	8	17:33
Rad Total	93.13	2:49:11	1:48	3	6:10	11	21:49	95.29	3:25:57	2:09	3	11:36	8	17:33
Lauf	21.50	2:50:39	7:56	13	1:17:33	68	1:23:54	116.79	6:16:36	3:13	12	1:29:09	65	1:41:27