



## Detailed evaluation

Glas, Oliver

Total time: 6:19:26

Club: Berlin

Number: 26

Course: 116.79 km

Rank in course/Total: 73 (of 87)

Mittel Distanz

Rank in course/Men: 67 (of 76)

Best time in course: 4:35:09

Category:

Rank in category: 14(of 17)

AK3 / TM 30

Best time in the category: 5:03:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	36:53	19:24	3	0:45	26	35:20	1.90	36:53	19:24	3	0:45	26	35:20
Wechsel S -> R	0.26	4:14	16:16	13	1:58	61	2:37	2.16	41:07	19:02	7	2:35	29	10:37
Schwimmen Total	2.16	41:07	19:02	7	2:35	29	10:37	2.16	41:07	19:02	7	2:35	29	10:37
Rad netto	93.00	3:08:08	2:01	14	56:34	54	56:34	95.16	3:49:15	2:24	14	55:52	52	55:52
Wechsel R -> L	0.13	1:29	11:24	5	0:28	15	0:28	95.29	3:50:44	2:25	13	23:07	49	42:20
Rad Total	93.13	3:09:37	2:02	13	23:15	51	42:15	95.29	3:50:44	2:25	13	23:07	49	42:20
Lauf	21.50	2:28:42	6:54	14	52:25	67	1:01:57	116.79	6:19:26	3:14	14	1:15:32	67	1:44:17