



## Detailed evaluation

Rasser, Jens

Club: Sundhagen

Number: 56

Course: 116.79 km

Mittel Distanz

Category:

SEN3 / TM 50

Total time: 6:31:53

Rank in course/Total: 75 (of 87)

Rank in course/Men: 68 (of 76)

Best time in course: 4:35:09

Rank in category: 8(of 9)

Best time in the category: 4:55:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	49:15	25:55	8	20:52	75	47:42	1.90	49:15	25:55	8	20:52	75	47:42
Wechsel S -> R	0.26	3:56	15:07	7	2:03	58	2:19	2.16	53:11	24:37	8	22:41	74	22:41
Schwimmen Total	2.16	53:11	24:37	8	22:41	74	22:41	2.16	53:11	24:37	8	22:41	74	22:41
Rad netto	93.00	3:20:00	2:09	8	38:27	70	1:08:26	95.16	4:13:11	2:39	8	1:01:08	72	1:19:48
Wechsel R -> L	0.13	2:30	19:13	5	1:20	54	1:29	95.29	4:15:41	2:40	8	1:02:28	70	1:07:17
Rad Total	93.13	3:22:30	2:10	8	39:47	68	55:08	95.29	4:15:41	2:40	8	1:02:28	70	1:07:17
Lauf	21.50	2:16:12	6:20	8	33:54	62	49:27	116.79	6:31:53	3:21	8	1:36:22	68	1:56:44