



Detailed evaluation

Dimde, Norman

Club: Frankfurt Oder

Number: 552

Course: 32.69 km

Jedermann/Sprint

Category:

AK3 / TM 30

Total time: 1:17:33

Rank in course/Total: 3 (of 318)

Rank in course/Men: 3 (of 226)

Best time in course: 1:14:36

Rank in category: 1(of 35)

Best time in the category: 1:17:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:57	22:47	6	3:03	38	4:25	0.70	15:57	22:47	6	3:03	38	4:25
Wechsel S -> R	0.26	1:48	6:55	4	0:20	13	0:28	0.96	17:45	18:29	6	2:23	25	4:47
Schwimmen Total	0.96	17:45	18:29	6	2:23	25	4:47	0.96	17:45	18:29	6	2:23	25	4:47
Rad netto	28.00	45:55	1:38	1	-	3	0:36	28.96	1:03:40	2:11	1	-	6	3:37
Wechsel R -> L	0.13	0:38	4:52	1	-	1	-	29.09	1:04:18	2:12	1	-	5	3:36
Rad Total	28.13	46:33	1:39	1	-	2	0:31	29.09	1:04:18	2:12	1	-	5	3:36
Lauf	3.60	13:15	3:40	1	-	1	-	32.69	1:17:33	2:22	1	-	3	2:57