



Detailed evaluation

Strache, Matthias

Total time: 1:19:08

Club: Ketzin/Havel

Number: 895

Course: 32.69 km

Rank in course/Total: 4 (of 318)

Jedermann/Sprint

Rank in course/Men: 4 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 1(of 40)

AK4 / TM 35

Best time in the category: 1:19:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:24	22:00	6	1:50	24	3:52	0.70	15:24	22:00	6	1:50	24	3:52
Wechsel S -> R	0.26	1:53	7:14	3	0:14	18	0:33	0.96	17:17	18:00	4	1:38	20	4:19
Schwimmen Total	0.96	17:17	18:00	4	1:38	20	4:19	0.96	17:17	18:00	4	1:38	20	4:19
Rad netto	28.00	45:31	1:37	1	-	2	0:12	28.96	1:02:48	2:10	1	-	3	2:45
Wechsel R -> L	0.13	1:17	9:52	13	0:25	79	0:39	29.09	1:04:05	2:12	1	-	4	3:23
Rad Total	28.13	46:48	1:39	1	-	3	0:46	29.09	1:04:05	2:12	1	-	4	3:23
Lauf	3.60	15:03	4:10	6	1:35	27	1:48	32.69	1:19:08	2:25	1	-	4	4:32