



Detailed evaluation

Pohl, Justin

Total time: 1:20:21

Club: Berlin

Number: 736

Course: 32.69 km

Rank in course/Total: 7 (of 318)

Jedermann/Sprint

Rank in course/Men: 7 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 2(of 10)

männliche Jugend A

Best time in the category: 1:14:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:04	20:05	3	2:32	11	2:32	0.70	14:04	20:05	3	2:32	11	2:32
Wechsel S -> R	0.26	1:24	5:23	1	-	2	0:04	0.96	15:28	16:06	2	2:30	4	2:30
Schwimmen Total	0.96	15:28	16:06	2	2:30	4	2:30	0.96	15:28	16:06	2	2:30	4	2:30
Rad netto	28.00	50:12	1:47	4	3:07	37	4:53	28.96	1:05:40	2:16	2	5:37	12	5:37
Wechsel R -> L	0.13	0:51	6:32	3	0:12	13	0:13	29.09	1:06:31	2:17	2	5:49	11	5:49
Rad Total	28.13	51:03	1:48	4	3:19	32	5:01	29.09	1:06:31	2:17	2	5:49	11	5:49
Lauf	3.60	13:50	3:50	1	-	4	0:35	32.69	1:20:21	2:27	2	5:45	7	5:45