



Detailed evaluation

Hellwig, Robert

Club: Ahrensfelde

Number: 613

Course: 32.69 km

Jedermann/Sprint

Category:

AK4 / TM 35

Total time: 1:20:41

Rank in course/Total: 9 (of 318)

Rank in course/Men: 9 (of 226)

Best time in course: 1:14:36

Rank in category: 3(of 40)

Best time in the category: 1:19:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	17:19	24:44	15	3:45	71	5:47	0.70	17:19	24:44	15	3:45	71	5:47
Wechsel S -> R	0.26	1:39	6:20	1	-	9	0:19	0.96	18:58	19:45	9	3:19	47	6:00
Schwimmen Total	0.96	18:58	19:45	9	3:19	47	6:00	0.96	18:58	19:45	9	3:19	47	6:00
Rad netto	28.00	47:15	1:41	4	1:44	10	1:56	28.96	1:06:13	2:17	5	3:25	14	6:10
Wechsel R -> L	0.13	1:00	7:41	5	0:08	34	0:22	29.09	1:07:13	2:18	4	3:08	13	6:31
Rad Total	28.13	48:15	1:42	3	1:27	8	2:13	29.09	1:07:13	2:18	4	3:08	13	6:31
Lauf	3.60	13:28	3:44	1	-	2	0:13	32.69	1:20:41	2:28	3	1:33	9	6:05