



Detailed evaluation

Kirchhof, Benjamin

Total time: 2:36:01

Club: Berlin
Number: 226

Course: 51.89 km
Olympisch

Rank in course/Total: 31 (of 236)

Rank in course/Men: 31 (of 198)

Best time in course: 2:14:41

Category:
AK3 / TM 30

Rank in category: 10(of 45)

Best time in the category: 2:14:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	34:25	22:56	12	9:43	47	9:43	1.50	34:25	22:56	12	9:43	47	9:43
Wechsel S -> R	0.26	2:16	8:43	8	0:56	30	0:56	1.76	36:41	20:50	11	9:46	42	9:46
Schwimmen Total	1.76	36:41	20:50	11	9:46	42	9:46	1.76	36:41	20:50	11	9:46	42	9:46
Rad netto	40.00	1:11:10	1:46	13	8:46	39	8:46	41.76	1:47:51	2:34	12	17:28	37	17:28
Wechsel R -> L	0.13	1:01	7:49	6	0:10	16	0:15	41.89	1:48:52	2:35	11	17:10	36	17:10
Rad Total	40.13	1:12:11	1:47	12	8:56	33	8:56	41.89	1:48:52	2:35	11	17:10	36	17:10
Lauf	10.00	47:09	4:42	9	5:38	35	8:58	51.89	2:36:01	3:00	10	21:20	31	21:20